

Theatre Peckham is pleased to share details of our Positive Transitions programme, which is designed to support young people moving from primary to secondary school using the transformative power of drama.

About the programme:

Positive Transitions is all about supporting students who are in their final year of Primary school, transitioning to Secondary school. A crucial stage in their development where statistics show a rise in anxiety in students in Year 6. Our programme combines performing arts and forum theatre techniques to create a fun, educational, and constructive environment for young people. Through collaborative creativity and self-expression, students will explore important themes such as identity, self-confidence, mental health, and wellbeing. These sessions will provide a safe space for students to discuss familiar scenarios, building compassion, mutual respect, and new relationships.



What are the outcomes?

As a result of participating in Positive Transitions, you can expect to see the below in your students:

- Improved Mental Wellbeing: Increased confidence, self-worth, and optimism towards the transition.
- Positive Behaviour: A sense of responsibility and understanding of the consequences of their actions.
- Stronger Relationships: Improved communication and teamwork skills, strengthening relationships with peers and adults.
- Increased Engagement: Engagement with Theatre Peckham and the local community it serves.
- Empowered Aspirations: Nurturing natural talents and empowering young people to play game-changing roles in their future.

What have past participants said?

'It allowed lots of creative freedom' - Student

'A respite for all of us... nice to get out of the school building and do something different; laugh, exhale, take a breath' - Teacher

'I feel more confident to go to my new school and make new friends' - Student

'All the children seemed to get so much out of this' - Parent



Example schedule

Below is an example schedule of how the programme could run, but we are of course open to adapting it to suit your school programming and term dates.

Session 1	School	Who am I?
Session 2	School	Peers
Session 3	School	Confidence
Session 4	School	Responsibility
Session 5	School	Teamwork
Session 6	School	Consequence
Supplementary Event	Theatre Peckham	Theatre trip
Session 7	School	Happiness
Session 8	School	New me
Session 9	School	Friendships
Session 10	School	Aims
Session 11	School	Awaken
Session 12	School	Discover
Session 13	Theatre Peckham	Create
Session 14	Theatre Peckham	Create
Session 15	School	Reflections

DETAILS

Location:

Most sessions take place on-site at the school, with two sessions taking place at Theatre Peckham

Group size:

We can accommodate up to 25 students per session

Length:

Sessions are usually up to 2 hours long, but this can be adapted to suit your timetable

Supplementary events:

The programme includes the opportunity for students to attend a show at Theatre Peckham

Session leaders:

The sessions will be run by a facilitator and supported by an assistant facilitator, both of whom will have enhanced DBS certificates

Price:

£4650

BOOKINGS

If you have any questions or would like to book the programme, please email amy@theatrepeckham.co.uk or call on 0207 708 5401

We look forward to working together to create a positive and transformative experience for your students.